

Breastfeeding Support is available at all our Centres please contact a member of staff for more details

PERIOD: 5<sup>th</sup> November – 14<sup>th</sup> December 2018

Lighthorne Heath, Wellesbourne & Southam Timetable

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MONDAY	10:00am – 11:00am 1:15pm – 2:45pm 1:30pm – 2:30pm 1:00pm – 3:00pm 1:30pm – 3:00pm	5 <sup>th</sup> Nov – 3 <sup>rd</sup> Dec 12 <sup>th</sup> Nov – 10 <sup>th</sup> Dec 12 <sup>th</sup> November 10 <sup>th</sup> December 19 <sup>th</sup> Nov – 10 <sup>th</sup> Dec	♥ ★ ♥ ★ ★	Let's Play Baby Chatter Matters Post-Natal Welcome Session Save a Baby's Life Food Explorers	Lighthorne Heath Children & Family Centre Southam – The Grange Hall, Coventry Road Lighthorne Heath Children & Family Centre Southam – The Grange Hall, Coventry Road Temple Herdewyke Primary School & Nursery
TUESDAY	10:15am – 11:15am 11:30am – 12:30pm 1:15pm – 2:45pm 1:30pm – 2:30pm 1:15pm – 2:45pm	6 <sup>th</sup> Nov – 4 <sup>th</sup> Dec 11 <sup>th</sup> December WEEKLY 6 <sup>th</sup> Nov & 11 <sup>th</sup> Dec 6 <sup>th</sup> Nov – 4 <sup>th</sup> Dec	★ ♥ ♥ ♥ ★	Chatter Matters Post-Natal Welcome Session Stay & Play Speech & Language Drop-in REAM	Wellesbourne Sports & Community Centre Southam Clinic, Pendicke Street, CV47 1PF Southam – The Grange Hall, Coventry Road Southam – The Grange Hall, Coventry Road Lighthorne Heath Children & Family Centre
WEDNESDAY	9:30am – 10:30am 1:30pm – 3:00pm 2:00pm – 3:00pm 2:00pm – 3:00pm 2:00pm – 3:00pm	5 <sup>th</sup> December WEEKLY 28 <sup>th</sup> November 7 <sup>th</sup> Nov & 5 <sup>th</sup> Dec 14 <sup>th</sup> Nov & 5 <sup>th</sup> Dec	♥ ♥ ♥ ♥ ♥	Speech & Language Drop-in Messy Play Post-Natal Welcome Session Speech & Language Drop-in Create & Play	Lighthorne Heath Children & Family Centre Temple Herdewyke – The Link Community Centre Wellesbourne Library, Kineton Road Wellesbourne Library, Kineton Road Bishops Itchington The Blue Butterfly Centre & Cafe
THURSDAY	9:30am – 11:00am 9:30am – 12:00pm 10:00am – 11:00am 12:45pm – 2:45pm	WEEKLY 29 <sup>th</sup> November 8 <sup>th</sup> Nov – 6 <sup>th</sup> Dec 20 <sup>th</sup> Sept – 6 <sup>th</sup> Dec	♥ ★ ★ ★	Stay & Play Physiotherapy Advice Clinic Baby Massage Nurturing Programme	Lighthorne Heath Children & Family Centre Lighthorne Heath Children & Family Centre Southam – The Grange Hall, Coventry Road Lighthorne Heath Children & Family Centre
FRIDAY	9:30am – 11:30am 10:30am – 11:30am	WEEKLY WEEKLY	♥ ♥	Baby Play Stay & Play	Lighthorne Heath Children & Family Centre Wellesbourne Library, Kineton Road

Lighthorne Heath Children and Family Centre is open for you to drop-in and play Tuesday 10am – 12pm; Monday, Tuesday, Wednesday & Friday 1:30pm – 3pm

 INVITATION ONLY



PLEASE BOOK



JUST COME!