

HEALTH VISITOR CONTACT NUMBERS

Suggested Donation: Baby Play £ 1.50 per session Stay & Play £ 1.50 per session Boogie Tots £1.50 per session Baby Massage £10.00 per course Chatter Matters £10.00 per course	Southam (for Fenny & Temple)	01926 815045	Other Services Available: Introduction to Solids Speech & Language Screening Counselling Service Triple P Courses Nurturing Programme
	Kineton	01926 626559	
	Wellesbourne	01789 412844	
	Shipston	01926 626546	
	Stratford	01789 405122	

CHILDREN AND FAMILY CENTRE SESSIONS

Health Visitor Clinic	Drop in to see a Health Visitor, weigh your baby and join in with special activities run by a staff member from the Children's Centre – breastfeeding support available
Introduction to Solid Foods	A member of the health visiting team provide nutritional advice about weaning – Please contact Health Visiting team for dates
Boogie Tots	Music and movement 0-3 years
Baby Chatter Matters	5 week course of fun through songs, rhymes and sensory activities for babies to support their early communication skills, 4-7 months
Toddler Chatter Matters	5 week course of fun through songs, rhymes & fun activities for toddlers to help develop their speech, language & communication skills, from 12 months or walking
Baby Play	Play sessions including sensory, messy and physical activities for families with children, 0- 12 months
Stay & Play	Play sessions for families with children 0-3 years
Speech & Language Drop in	Drop in to discuss your child's speech development with a therapist
Baby Massage	5 week 'touch learn' programme teaching parents the skills of massage which has many benefits for baby & helps to create a close bond, suitable from 6 week or after HV check
One-to-one Support	Chat to a member of staff if there is anything you would like individual support with, or complete an Initial Request for Services form (IRS)
Save a Baby's/Child's Life	A "hands-on" course based on first aid for children provided by experience trainers in what to do in an emergency (Adults ONLY to attend)
Group Triple P	Positive parenting programme
Nurturing	A 10 week parenting programme that looks at family life in a thoughtful & fun way. It also helps support positive behavior in children
Courses by Adult & Community Learning	Check timetable for latest courses
Physiotherapy Advice Clinic	If you have concerns with pre-school child's physical development
Counselling	The aim of the service is to help clients explore issues they may be experiencing. Counselling can help with a variety of problems and can help when a person has become 'stuck' or troubled with their current situation