

# Timetable 2018

## Introduction to solid foods

Run by Andrea Gibbins, Nursery Nurse - please phone 01789 764093 for further information.

## Health visitors Clinic

Alcester – 1<sup>st</sup> & 3<sup>rd</sup> Wednesday of the month  
 Studley – 1<sup>st</sup> & 3<sup>rd</sup> Tuesday of the month  
 Henley Hub - 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month.  
 Bidford – 2<sup>nd</sup> & 4<sup>th</sup> Tuesday of the month

## Speech and Language Drop in - 10:00-11:00am

Alcester - Mon 2<sup>nd</sup> July 2018  
 Henley – TBC

Please telephone us for dates at other centres.

### HEALTH VISITOR CONTACT NUMBERS

Alcester	01789 412984	Studley	01789 412985
Bidford on Avon	01789 412982	Henley in Arden	01789 412995

### OTHER SERVICES AVAILABLE

- ☺ Speech & Language Screening ☺ Counselling Service
- ☺ Triple P Courses ☺ Toy library ☺ Nurturing
- ☺ Sensitive Parenting

### CHILDREN'S CENTRE SESSIONS

## Studley Refuge drop in – 10am – 12.30pm

2<sup>nd</sup> Tuesday of the month

## Suggested Donation Per Family

Stay & Play	£1.50
Bop Tots	£1.50
Messy Play	£1.50
Baby Yoga	£10.00
Baby Massage	£10.00
Chatter Matters	£10.00

Health Visitor Clinic	See your Health Visitor, baby weigh in.
Chatter Matters for Babies	Songs, rhymes and sensory activities for babies to support their early communication skills
Chatter Matter for Toddlers	Songs, rhymes and fun activities for toddlers to help develop their speech, language and communication skills
Baby Play	Play sessions for families with children 0- 2years
Stay & Play	Play sessions for families with children 0-5 years
Physio Advise Clinic	If you have concerns with pre-school child's physical development
Talk & Play	Course to help boost speech, language and communication skills for children aged 2 and above, please ring to book
Baby Massage	5 week 'touch learn' programme for parents and babies, suitable for 2 months and up
Courses by Adult & Community Learning	Check timetable for latest courses
One-to-one Support	Chat to a member of staff if there is anything you would like individual support with, or complete an IRS form
Save a Baby's Life	First aid session based on first aid for children
Group Triple P	Positive parenting programme
Bop Tots	A chance for little ones to express themselves through music and movement
Messy Play	Enhancing children's sensory developments through exposure to different textures, sights & smells