



















PERIOD: Jan - March 2018



Alcester Children's Centre is committed to the safety & well being of all our children & families. If you have any concerns whilst visiting or attending our sessions please speak to a member of the Centre team

<p><b>M O N</b></p>	<p> <b>10:00-11.30 STAY &amp; PLAY</b> come along and join in with exciting activities, explore the play room and outdoor play, then finish with snack time and singing. Suitable for all children under 5. Designated baby area is always available. <b>All welcome £1.50 per family</b></p> <p> <b>10:00-11:00 CHATTER MATTERS</b> 5 weeks of fun through songs, rhymes and activities, for toddlers. <b>Next course starts:- 15<sup>th</sup> Jan - £10 for the course</b></p> <p> <b>10:00-11:00 SPEECH &amp; LANGUAGE DROP IN</b> with Elizabeth (Speech &amp; Language Therapist) Bi Monthly. <b>Next dates: 8<sup>th</sup> Jan</b></p>	<p> <b>1:00-3:30 PHYSIOTHERAPIST ADVICE CLINIC – 29<sup>th</sup> Jan, 26<sup>th</sup> March, 21<sup>st</sup> May.</b> If you have any concerns with your pre-school child's physical development, please book a time slot</p> <p> <b>1:45-2:45 BABY YOGA</b> a 4 week course of gentle movement for baby and gentle poses for you, ideal for pre crawlers- £10 for the course <b>Next course: 15<sup>th</sup> Jan</b> (An ideal follow on course from Baby Massage)</p>
<p><b>T U E S</b></p>	<p> <b>10:30-12:00 HEALTH VISITORS CLINIC @ Bidford Church Rooms, INCLUDING 'BABYPLAY'</b> Drop in to see a Health Visitor, weigh your baby and join in with special activities run by a staff member from the Children's Centre <b>BREASTFEEDING SUPPORT AVAILABLE (BabyPlay is term time only)</b></p> <p> <b>10:00-11:00 TALK &amp; PLAY</b> a Speech &amp; Language enrichment group and WellComm screens (speak to Caroline our Speech &amp; Language Champion to arrange an appointment)</p>	<p> <b>1:30-2:45 COOK TOGETHER</b> a 5 week course, enjoy cooking with your child/ren aged 3-5 years - £10.00 for the course. <b>Next course:- TBC</b></p> <p> <b>1:00-3:00 SAVE A BABY'S LIFE</b> a course provided by experienced trainers in what to do in an emergency (Adults only) <b>Next course: TBC</b> (pleased arrive 10 minutes earlier to allow settling in time)</p>
<p><b>W E D</b></p>	<p> <b>10:00-11:00 BABY MASSAGE</b> 5 week 'touch learn' programme teaching parents the skill of massage which has many benefits for baby and helps to create a close bond. <b>Next course:- 10<sup>th</sup> Jan - £10 for the course</b></p> <p> <b>11:00-12:30 INTRODUCING SOLID FOODS</b> with Andrea Gibbins Nursery Nurse:- <b>24<sup>th</sup> Jan</b></p> <p> <b>10:30-12:00 9 MONTH/2 YEAR DEVELOPMENT CHECKS</b> invites through your Health Visiting Team</p>	<p> <b>1:30-3:00 HEALTH VISITORS CLINIC, INCLUDING 'BABYPLAY'</b> (1<sup>st</sup> &amp; 3<sup>rd</sup> Wednesday of the month) see your Health Visitor for advice and to weigh your baby. Enjoy activities in the playroom with a member of the Centre staff, aged 0-12 months. <b>BREASTFEEDING SUPPORT AVAILABLE</b></p> <p> <b>1:30-3:00 SPLAT!</b> – Messy Play session for baby's and toddlers (2<sup>nd</sup> &amp; 4<sup>th</sup> Wednesday of the month). <b>£1.50 per family</b></p>
<p><b>T H U S</b></p>	<p> <b>9:30-11:00 PLAY TOGETHER @ The Barn, Bidford Baptist Church</b>, a supportive and friendly group for families from Bidford and the surrounding area with children under 5</p> <p> <b>10:00-11:00 BOP TOTS @St. Nicholas Church House (Term time only)</b>, lots of fun for under 5's. A chance for little ones to express themselves through music and movement. <b>All welcome £1.50 per family</b></p> <p> <b>10.00-11.30 SALFORD PRIORS GROUP @ TOPPS BUILDING (Term time only)</b> Health Visitors clinic and play activities.</p>	<p> <b>6:30-8:30 PARENTCRAFT</b> antenatal information sessions run by the midwife for parents to be, please book through your midwife. <b>Next dates:- TBC</b></p>
<p><b>FRI</b></p>	<p><b>CLOSED</b></p>	<p><b>CLOSED</b></p>