

## CHILDREN CENTRE SESSIONS

**Health Visitor Clinic** – drop in to see your Health Visitor, baby weigh and play. Breastfeeding support

**Chatter matters for babies** – songs, rhymes and sensory activities for babies to support their early communication skills 4-7 months

**Chatter matters for toddlers** – songs, rhymes and fun activities for toddlers to help develop their speech, language and communication skills 1-2 years

**Baby Play** – play sessions including sensory, messy and physical activities 0-12 months

**Stay and Play** – play session for families with children 0-5 years

**Music and Movement** - lots of fun for under 5s. A chance for little ones to express themselves through music and movement

**Speech & Language Enrichment** – 3 monthly sessions learning strategies to enhance your child's speech development

**Baby massage** – 5 week 'Touch Learn' programme for parents and very young babies

**"Inbetweens"** – for babies aged 6-9 months, 3 sessions with the Health Visiting Team (weaning, play, sleep)

**One-to-one support** – chat to a member of staff if there is anything you would like some individual support with, or complete an IRS form

**Introduction to solid foods** – health visitors provide nutritional advice about weaning

**Baby Resuscitation** – a one off information "hands-on" session that could save the life of a baby

**Nurturing @ SCC** – a 10-week course - "how to get the best out of family life"

### Suggested voluntary donation per family

Chatter matters/ Baby massage £10 per course

Stay & play/ other play based sessions £1.50

Save baby's life £5 fully refundable deposit

Adult learning crèche £2.50

**Thank you for your understanding and continued support of the Children's Centres**

### Health Visitor Contact numbers

Stratford Health Visitors 01789 405122

Stratford Children Centre Health Visitors 01789 412993

Wellesbourne Health Visitors 01789 412844

Welford on Avon Health Visitors 01789 412984

### Local Baby & Toddler Groups

Tyler House: Thursdays 10-11.30 am Term time only £1.50

Wesley's Baby & Toddler Group at Stratford Methodist Church

Wednesday: 09:30 - 11:30 Friday: 09:30 - 11:30 £1.50

Other Services available at Clopton Children Centre:

★ Speech & Language Screening (Welcomm Screening)

★ Triple P & Nurturing Programme

★ Counselling Service