

## Easter Holiday Events

All events 10 - 11.30

- |                    |                                |
|--------------------|--------------------------------|
| Tuesday 11 April   | Easter Egg Hunt                |
| Wednesday 12 April | Foody Fun                      |
| Thursday 13 April  | Special Easter Messy Explorers |

The Mud Kitchen will be open on the following mornings -

Monday to Thursday 10 11 12 13 April  
Wednesday and Thursday 19 20 April



# Newsletter April 2017

## Lighthorne Heath and District Children's Centre



### Our address:

Lighthorne Heath & District Children's Centre  
Stratford Road  
Lighthorne Heath  
Warwickshire  
CV33 9TW  
01926 691105

## What we are doing .....

### Messy Explorers for 0-5 year olds

Sessions currently running in Temple Herdewyke on Wednesdays from 9:30-11:00 and at the Children's Centre in Lighthorne Heath on Thursdays from 9:30-11:00



### Chatter Matters

Have fun with your child in their early years  
develop listening skills  
help get them talking  
give them a head start with language and communication  
enjoy playing and learning together

Sessions currently running at the Children's Centre in Lighthorne Heath on Tuesdays from 10:00-11:00



### Baby Massage



Over 5 weeks this course aims to provide you with the skills to massage your baby and help you understand your baby's non-verbal cues, when is the best time to massage your baby, suitable oils to use, how stress affects babies and how babies can self-calm.

New Course starts Wednesday 26 April 10:00–11:30

£10

### Baby Play Every Friday 9.30—11.30

Come and explore some of the centre's toys and activities and meet other new parents and their babies.

We have a clinic at the centre on the last Friday of every month where you can have your baby weighed and talk to the Health Visitor.

NEW

### Boogie Tots

NEW

Music and movement for 0 to 5s

From 8 May Every Monday 10–11

