

## Who we are and where to find us



Our address:  
Stratford Children's Centre  
Drayton Avenue  
Stratford upon Avon  
CV37 9PB

01789 266 624  
stratford@parentingproject.org.uk



**Nicky Gilmore**  
Manager



**Corrin Goodman**  
Early Years Family  
Worker



**Jo Parvez**  
Early Years Family  
Worker



**Ailsa Banks**  
Early Years Family  
Worker



**Jen Rivett**  
Early Years Family  
Worker



**Marilyn Colley**  
Administrator



**Katie Baylis**  
Administrator

Visit our new website  
[www.parentingproject.org.uk](http://www.parentingproject.org.uk)  
for the latest timetable of  
activities, news and useful  
Information about our Centre  
and all the others in the Group

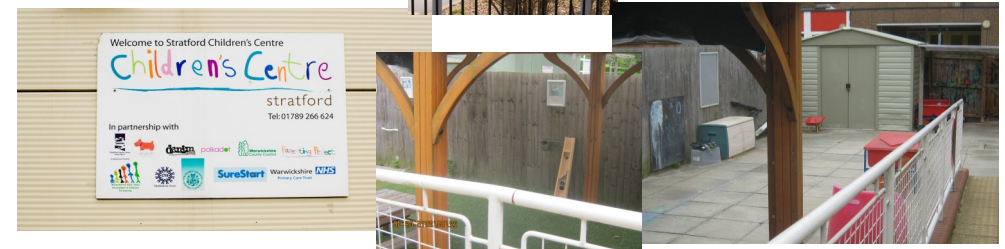
We can now be found on facebook  
[www.facebook.com/Parentingproject](http://www.facebook.com/Parentingproject)



This Surestart Children's Centre is managed by 'The Parenting Project'; a local charity working within the Stratford District for families with children from 0-19. For more information call 01789 490845



## Take a look at what's on offer at Stratford Children's Centre



- Activities and sessions for you and your child under 5
- Useful information and links to other organisations
- Parenting courses
- Family support in the home
- A place to meet others, take part and have fun

"I've found the Centre to be a great help, very supportive and friendly. My child loves coming here and it has benefited both of us"



 01789 266 624



*Sure Start Children's Centres are places where you and your family can access a range of services under one roof. All of the services are designed to support families with children under five with a purpose to help you manage the challenges of family life and to provide opportunities for your child to develop and thrive.*

Stratford Children's Centre is open to families living in the Stratford community. Our community is defined as:

- \* The streets and postcodes that are part of our local 'reach area' as designated by Warwickshire County Council

This area includes central and west of Stratford upon Avon including, Welford upon Avon and Bardon

Families living beyond our community area are very welcome to attend our 'open' sessions which are marked on the timetable.

We work very closely with the other Parenting Project Children's Centres in Clopton Alcester, Studley, Wellesbourne, Lighthorne Heath, Shipston & Southam to ensure that all families receive the support they require and have access to services that are most helpful to them. We also work in partnership with Health Visitors, speech & language and physiotherapists, social care teams including counsellors, and many others to bring you consistent and up to date information and support.

If you need any further information about anything in this leaflet please pop in to the centre or give us a call and we will be more than happy to help you.

## More about what we offer...

### Baby Weigh & Play

The health visitors and children's centre staff run a baby clinic at the centre, for weighing your baby, a chance to ask questions, and stay for a chat with other parents. The health visiting team also offer regular weaning sessions from the Centre to guide you through this important stage.

### Baby massage

Our baby massage courses run for four weeks, all through the year, for babies from 10 weeks old. It is a wonderful opportunity to learn an easy massage routine that will soothe your baby and help you to create a close bond.

### Chatter matters

We run two courses of chatter matters, one for babies under a year old, and one for toddlers from 12 months. Each course runs for a number of weeks and includes lots of fun with songs, rhymes, instruments, scarves, treasure baskets and other activities. These courses really help to encourage your child's communication skills, and gives you ideas to carry on at home.

### Talk & Play and speech and language support

Corin, our speech and language champion, is available to discuss any concerns or questions about your child's talking, and also runs 'Talk & Play', a group for children 2years+ which helps boost their development through play and activities.

### Early Weeks Group

A fortnightly group run by the health visitors and children's centre staff, specially for parents of babies from 0-16 weeks. There's a chance to get baby weighed, discuss any concerns with breastfeeding and chat to other parents in a supportive, friendly environment.

### Play Together

This group meets once a week and focuses on play and how play supports learning and development

### Meet and Play

A weekly play session is open to all families with children of any age under 5. There's always lots to play with, a baby area, messy/craft activities and finishes with snack time and singing.

### Triple P and Nurturing Parenting Courses

Our family workers are trained to deliver Triple P and Nurturing for groups of parents and on a 1-1 basis. They give you easy to use strategies to encourage positive behaviour and support strong relationships.

**Please see our current timetable for special sessions or one offs that we occasionally run**

