

SOUTH WEST WARWICKSHIRE - Group Advisory Board
Meeting Date: Tuesday 20 January 2015 - 1.00pm - 2.30pm
Venue: Stratford Children's Centre

Items	Action
<p>Welcome & Apologies</p> <p>CL welcomed everyone.</p> <p>ES agreed to chair meetings going forward. Vote taken - all present unanimously agreed to new chair appointment.</p> <p>KB introduced herself as taking over from HR as Bromford Support representative.</p> <p>Previous Minutes</p> <ul style="list-style-type: none"> Minutes of 23 September 2014 were approved. Dates for next meetings 21 April 2015 and 8 September 2015 agreed. 	
<p>Approval of Terms of Reference</p> <p>The Terms of Reference were reviewed and signed off by Chair. CAB member commented on how she felt they were concise and have been drafted really well.</p> <p>ES signed in as Chair. No nominations received for Vice Chair. CAB will check with manager before she can put herself forward. NB will email a request for any Vice Chair nominations when these Minutes are sent out – deferred to next meeting.</p> <p>Discussion followed about engaging parent members. We currently have 10 parent members. Parent members will be asked to attend meetings held at the Centre in their area. Managers will collate feedback from parents about this and report back at next meeting. Closed Facebook accounts were discussed.</p>	<p>Nargis - Vice Chair Nominations</p> <p>Managers - Parent Attendance feedback</p>
<p>Children Centre Group Update – Handout : Timetables for each Centre</p> <p>Clopton Children's Centre – Manager Caroline Jacobs (CJ)</p> <p>CJ has recently returned as manager of Clopton CC after maternity leave. Clopton is a smaller Centre but very busy considering size. The Centre facilities are shared with the school.</p> <ul style="list-style-type: none"> 25 open Family Files Centre has 3 part time family support workers trained in Speech and Language, Nurture and Triple P Clopton Children Centres works closely with Stratford Children Centre within the group model. New group Inbetweenies started with its first session on weaning and sleep. Feedback 	

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<p>so far has been positive. Parent member made the comment of starting the group with the last session Play and finishing with Weaning and Sleep to keep parents engaged and finish the full course.</p> <p>Alcester Children’s Centre - Centre Manager not available for meeting. Nicky Gilmore gave update</p> <ul style="list-style-type: none"> • Baby Blues – Group for Postnatal mums dealing with depression. There is no similar facility in area. Good attendance to this group which is supported by health and Centre staff. The group was started after a mum suggested a need for a group dealing with post natal depression. • Parent member pointed out that there are two sessions on Thursday that clash. Music & Movement and Play Together an outreach group held at Bidford. What would parents do if they wanted to attend both? One of the sessions is a targeted group and attendance is by invite only so you could not just turn up to both. <p>Stratford – Manager Nicky Gilmore (NG)</p> <p>The Centre continues to work closely with Clopton using resources and skills together.</p> <ul style="list-style-type: none"> • 20-25 open family files • Freedom Programme continues. This provides support to mums dealing with domestic abuse and is a group run by Stonham who is supported by Centre staff. • Physiotherapy – this is a session that supports anyone with concerns relating to physiotherapy. A referral is made to other agencies depending on the need of the person. January was over booked. Sessions are offered as a timed session of 30 minute appointments (6 per day) available to all centres. • Monday Stay & Play has low numbers this could be due to the facilities offered at the same time at the Rosebird Centre. Discussion was had about whether data could be exchanged as to which of our parents are attending the Rosebird Centre. Discussion was also had about working with Waitrose which is based at the Rosebird Centre • Nurturing programme starting after Easter. <p>Studley – Manager Nichola Hall (NH)</p> <p>NH introduced herself to all as the newly appointment manager at Studley who started her post in November.</p> <ul style="list-style-type: none"> • Baby Massage is running on Friday mornings with 4 parents attending. Centre need to raise their profile in Henley & Arden to attract more parents. Placed articles in Toddler Magazine and Tamworth Parish News to promote services. • Fit for Life group starting after half term in partnership with Alcester CC to deliver 2 sessions at Studley and 2 at Alcester. • Henry Programme which encourages healthy eating in overweigh 2 year olds is aimed at stopping obesity in adulthood by starting at early age. • Starting Speech and Language workshop in Henley & Arden and also Triple P after 	

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<p>Easter</p>	
<p>Donations</p> <p>The Parenting Project has never charged for sessions but has asked for a voluntary contribution from users. There was a slight increase in donations 18 months ago following an increase in making users aware that we do not charge for groups and our funding has been cut dramatically.</p> <p>Since April 2014 as a group we have received £1,746 in donations which is an increase in the previous year.</p> <p>Discussion followed about how to spend the donations and whether we should split the amount between the four centres in the group. It was agreed that the funds should be used to replenish wear and tear items in the Centres. Stratford and Studley would like to use the donations to upgrade the outdoor areas. Fundraising ideas were discussed and ways of getting families involved. It was agreed that a sub-group should be formed to deal with donations and fundraising. We will request expressions of interest – Caroline Jacobs will lead the group,</p>	<p>Managers to promote expression of interest in Fundraising Sub-committee</p>
<p>Counselling - update given by JR</p> <p>The service is run by ET who is the Counselling Co-ordinator. She is employed by the Project on a freelance basis and runs the service. ET is the Clinical lead for all clients. The service is run by three students (we are in the process of recruiting a fourth). A student is based at Alcester, Studley and Lighthorne Heath.</p> <p>The process is by referral either a self-referral or a referral through health professionals or Children Centre staff. The referral form is emailed to ET who then will arrange to meet the client and have a one to one assessment. From this assessment ET will decide the best way forward and if she thinks counselling is an option she will arrange an appointment with a counsellor. Each client is entitled to a maximum of 18 sessions.</p> <p>There is a huge need for this service at present Stratford is full with a waiting list.</p> <p>Counselling cannot be offered to :</p> <ul style="list-style-type: none"> • Anyone who is adopted • Anyone currently going through a court case • Anyone in receipt of counselling elsewhere • Couple counselling <p>Monitoring outcomes – A written report is produced by ET. A CORE assessment of each individual is carried out before and after attending sessions to measure progress.</p> <p>Question was raised about having student counsellors and the level of counselling offered by them. JR confirmed that the students are experienced counsellors who are at the end of their training. They are supervised individually and also in group supervision. They can ring ET at any time and are well supported. ET continually leads and assesses the position with each client. If we cannot assist clients we will refer them to the right agencies to access support.</p> <p>Question was asked as to who was eligible. Anyone who is a parent or guardian to a child 0-19 years old.</p> <p>Question was asked as to whether there are safeguarding concerns. All students have</p>	<p>Referral form to be emailed out with Minutes - NB</p>

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<p>safeguarding through their university. We have a Safeguarding Policy and procedure to work through which all students are made aware of and there is statutory safeguarding training. The Students enter a contract with the client to which they must adhere to along with the ACP guidelines. If the students do have any concerns they must complete a Record of Concern or make a referral the same as Parenting Project staff.</p> <p>ES confirmed feedback from health was that they all found the service fantastic and it is great to have somewhere to refer to, it has benefitted the health team a great deal.</p>	
<p>Partnership Services Update</p> <p>CAB update by Maria Veitch</p> <ul style="list-style-type: none"> • Stratford – Reach Out & Help CAB are looking into widening the area for this service. At present they only cover Stratford district. • Consumer Empowerment forum taking place at the Art House • Toolkit – a directory of service in its final stages once approved copies will be distributed <p>The Parenting Project delivered training to CAB staff covering how to make referrals and safeguarding. Feedback from staff who attended has been positive. More training will be delivered to CAB.</p> <p>The training was delivered by SE who is the Project Lead for the Over 5s. We have been able to provide this service with the funding received from Stratford Town Trust.</p> <p>Bromford Support update by Kim Bromford</p> <p>KB confirmed that there was no further update as to whether services would continue after 31 March. ACL are still taking on new referrals as follows:</p> <ul style="list-style-type: none"> • Tier 1 – telephone support and guidance • Tier 2 – weekly drop-ins • Tier 3 – support worker is attached to a referral <p>Learning Disability Hub – ACL are contracted to provide this service until June.</p> <p>Health – update by Ellen Stone and Nicky Webb</p> <ul style="list-style-type: none"> • Newly appointed health visitor in Studley working 20 hours a week who will assist the team with the high volume of work in the area. <p>Health team staff:</p> <ul style="list-style-type: none"> • Amanda who is moving to Wellesbourne to cover the Trinity Mead Estate • SP – starts this week at Clopton working 32 hours a week • AM covers Clopton • Helen covers Tiddington and the Race Course road • Sarah – covers Birmingham Road (Clopton outreach) 	

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<p>Early Step – Deborah running this private enterprise with the Solihull Approach team supporting her. Antenatal classes which charge to start off, but then are able to offer the service to our families for free. Only available in the Stratford area.</p>	
<p>Target Groups- standing item</p> <p>EJ will look at one target group in depth at each meeting.</p> <p>Target Groups were approved by Warwickshire County Council 18 months ago. They are identified groups within each of the reach areas with particular issue. The South West’s Target Groups are:</p> <ul style="list-style-type: none"> • Domestic Abuse • Emotional Health and Wellbeing - Depression post natal substance abuse • Social Exclusion – lower super output reach areas. <p>At the next meeting EJ will focus on one of the groups and go through the procedure of how we identify and support groups.</p> <p>This item needs to be towards the top of the next Agenda.</p>	
<p>Capturing Parents and Children’s Views Time to Talk</p> <p>Feedback forms were handed out – members to raise new feedback questions at the next meeting.</p>	<p>Board Members to raise new feedback questions.</p>
<p>AOB</p> <p>None</p>	
<p>Date of Next Meeting</p> <p>Tuesday 12 May 1:00 -2:30pm – Alcester Children’s Centre c/o St Nicholas C.E. Primary School, St Faiths Road, Alcester B49 6AG</p>	